



GULF DEFENDER



Vol. 65, No. 18

Tyndall Air Force Base, Fla. *Home of Air Dominance Training*

May 5, 2006

In brief

Wing changes command

Brig. Gen. Jack Egginton, 325th Fighter Wing commander, will relinquish command to Brig. Gen. (select) Tod Wolters in a change of command ceremony at 9:30 a.m. June 2 in Hangar 2. The incoming commander was previously the 47th Flying Training Wing commander at Laughlin AFB, Texas. All Tyndall Airmen are invited to attend the ceremony.

OSS changes command

Lt. Col. Warren Benjamin will assume command of the 325th Operational Support Squadron from Lt. Col. James Richter at 3:25 p.m. May 19 on the flightline side of the air traffic control tower. In case of inclement weather, the ceremony will be in Hangar 1.

Tobacco cessation

Classes will be held May 15 from 3:30 to 5 p.m. at the Health and Wellness Center. Any active-duty member, dependent, retiree, or civilian can sign up for the classes. All three classes are required.

For more information, call the HAWC at 283-3826.

What's inside

'Tynman' Triathlon runs without a hitch
... **PAGE 10-11**

Tyndall vs. Hurlburt in softball game
... **PAGE 13**



Senior Airman Sarah McDowell

Seeing stars

Brig. Gen. Jack Egginton, 325th Fighter Wing commander, introduces himself to children from the Child Development Center. He gave the children a tour of his command section Tuesday morning, complete with a story-time video teleconference.

AFAF wraps up with more than \$85,000

**SENIOR AIRMAN
SARAH MCDOWELL**
325th Fighter Wing public affairs

The Tyndall Air Force Assitance Fund wrapped-up Monday and through the Fundraiser, Airmen donated \$85,720 to help each other out in the event of a crisis.

"This fund is about Airmen helping Airmen," said Master Sgt. Pedro Montanez, AFAF project officer. "You never know when you are going to have an emergency that you don't have the funds for. It is great we have this avenue."

Although it looks like Tyndall gave a lot this year, there is a chance that the base might receive the

"This fund is about Airmen helping Airmen. You never know when you are going to have an emergency that you don't have the funds for."

MASTER SGT. PEDRO MONTANEZ
AFAF project officer

original donation, plus more back, in assistance.

"Last year we gave out about \$51,000, and we received more than \$90,000 back in assistance," said Ms. Jodie Schwartz, Family Support Center flight chief.

The AFAF was established to provide for an annual effort to raise funds for the charitable affiliates that provide support to the Air Force family (active duty, retirees, reservists, guard and their de-

pendents, including surviving spouses) in need.

These organizations are the Air Force Village Foundation, Inc., the Air Force Aid Society, Inc., the General and Mrs. Curtis E. LeMay Foundation, and the Air Force Enlisted Village, Inc. These organizations help Air Force people with aid in an emergency, with educational needs, or to have a secure retirement home for widows or widowers of Air Force

members in need of financial assistance.

The fund also helps out members who have an emergency by supplying free loans, or possibly grants to help them with their immediate situation.

The campaign started at active-duty Air Force installations Feb. 13 and ended today.

"In 1942, even before the Army Air Corps became a separate Air Force, Hap Arnold saw a need for us to take care of our own, and created the fund to take care of Airmen," said Col. Brian Dickerson, 325th Fighter Wing vice commander. "We are Wingmen to all other Airmen, and the most important asset we have is each other. The support has been outstanding, all the way through the wing and including the tenant units."

I am an Airman and a Wingman to all other Airmen



Photo illustration by Chrissy Cuttita

Better buckle-up!

The 325th Security Forces Squadron is joining with more than 12,000 other state and local law enforcement, and highway safety officials in late May for an aggressive national “Click It or Ticket” mobilization to crack down on Florida’s safety-belt law violators and to reduce highway fatalities. During this time, drivers and passenger of vehicles caught without wearing a seatbelt will be issued a ticket.

Identify this...



Can you identify this object? If so, send an e-mail to editor@tyndall.af.mil with “Identify This” in the subject line. Three correct entries will be chosen at random and drawn from a hat to select the final winner. The prize can be claimed at the Public Affairs office. The winner for the April 28 “Identify This” is Fred Schmidt from Air Force Civil Engineer Support Agency. He correctly guessed it was a license plate. Come claim your prize!

ON THE STREET

372nd Training Squadron/Detachment 4: What advice would you give to incoming Airmen?



“Set goals and remain focused on them. Avoid any behavior or actions that would crush those goals.”

1ST LT. CHRISTOPHER REESE
Detachment Commander



“Adhere to the Air Force Core Values and always do the right thing even when no one is looking.”

SENIOR MASTER SGT. DOUGLAS JOHANNES
Assistant support section chief



“Be patient and proactive in your career.”

STAFF SGT. CRAIG HUTCHINSON
Flightline expediter



“Stay committed and work hard”

SENIOR AIRMAN CAMILLA ARMSTRONG
Command support staff

Gulf Defender Editorial Staff

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Military mentorship: There's always opportunity

MAJ. CHRIS CORLEY
325th Security Forces Squadron commander

While waiting on an assignment to enter active-duty service in the Air Force, I had the privilege of working in industry for about seven months. Although I didn't know it at the time, my job as a management trainee for a major manufacturing company proved to be the perfect experience to prepare me for active-duty military service. I had a great time working there and truly learned a lot about heavy machinery, manufacturing and management, but truthfully, I learned much more about dealing with people. The lessons I learned over that seven-month period proved to be instrumental in me becoming who I am today.

The night before my first day of work in manufacturing, I received a dinner invite from the father of a childhood friend.

My friend's father was a man named Larry, who had been an employee of the company for more than 20 years. Larry invited me to come over and have dinner with him so we could talk about the company and what I needed to know before I went to work there.

His insight proved to be invaluable and would serve to shape my future at the manufacturing company and eventually the Air Force. Larry became my first mentor in the work environment.

Larry's mentoring session didn't stop with dinner that night; he went on to mentor me every day for the next seven months. He mentored me before work, at work, on breaks, at lunch, after work, at church, while turkey hunting ... basically,

learned from Larry is that mentors should tell you what you need to know to help you be successful.

The vast majority of men and women I worked with at the plant were tough "blue collar" workers used to working with heavy machin-

learned while working in industry. I also didn't realize the significance of what they had taught me.

Their mentoring taught me not only what I needed to know to be successful at my job, but also what I needed to know to be successful at life.

You and I live in a unique environment because of our military service. The nature of this service requires us to switch jobs and duty locations frequently.

Each time we change duty stations and sometimes in-between, we start new jobs.

There's always an opportunity to interact with someone junior to us, and to share the knowledge that we've acquired over our years of service.

The final rule of mentoring that I learned from Larry was that mentors have a responsibility to share what they've learned with those junior to them.

We can never repay those who have mentored us because there's simply no way to calculate the value of what we've been taught. We can, however, pass on what we know to someone else.

We can take someone under our wing and be a good "Wingman," teach them what we know and how to be successful both on the job and in life. In so doing, we continually contribute to the invaluable tradition of mentoring.

“There's always an opportunity to interact with someone junior to us, and to share the knowledge that we've acquired over our years of service.”

MAJ. CHRIS CORLEY
325th Security Forces Squadron commander

anytime he felt he had something useful to offer.

Yes, believe it or not, I was probably a little rough around the edges when I first started out. The first rule of mentorship I learned from Larry is that mentors should mentor whenever the opportunity arises.

Larry believed it was his responsibility to take me under his wing and show me the ropes.

He taught me many things: how to do my job; how the manufacturing process worked; where key pieces of equipment were located; the value of honesty and integrity; who was a good source of information and who was not; who to hang out with; and who to stay away from.

The second rule of mentorship I

ery in a harsh environment. Many had served their country in uniform at some point and several had seen combat in Korea, Vietnam and Desert Storm. These men were and still are some of the smartest people I know. They could separate fact from fiction in about a half a second, and believe me, they would let you know when you were messing up.

The third rule of mentorship I learned from Larry and the other guys was that mentors gain their credibility through honest and candid interaction with the people they are mentoring.

I never realized the importance of Larry and the other men's mentoring until my first duty assignment where I had a chance to apply the skills I

Action Line Call 283-2255



BRIG. GEN. JACK EGGINTON
325th Fighter Wing commander

The Action Line is your direct line to me. It is one way to make Tyndall a better place to work and live.

The goal is to provide you with an accurate, timely response. You must leave your name, phone number or address to receive a response.

Questions or comments of general interest will be published in this forum. This avenue should only be used after coordinating problems or concerns with supervisors, commanders, first sergeants or facility managers.

If you're not satisfied with the response or you are unable to resolve

the problem, call me at 283-2255.

For fraud, waste and abuse calls, you should talk to the 325th Fighter Wing Inspector General's Office, 283-4646.

Calls concerning energy abuse should be referred to the energy hot line, 283-3995.

Below are more phone numbers that help you in resolving any issues with a base agency.

Commissary	283-4825
Pass and I.D.	283-4191
Medical and Dental	283-7515
MEO	283-2739

MPF	283-2276
SFS Desk Sgt.	283-2254
Services	283-2501
Legal	283-4681
Housing	283-2036
CDC	283-4747
Wing Safety	283-4231
Area Defense Counsel	283-2911
Finance	283-4117
Civil Engineer	283-4949
Civilian Personnel	283-3203
Base Information	283-1113

Thank you for helping me improve Tyndall and I look forward to hearing from you.

New civilian personnel system in place

WASHINGTON (AFP) — The first phase of the new National Security Personnel System is ready to launch April 30. Spiral 1.1 includes 11,000 Defense Department civilian employees throughout the United States.

“The most important message is that we are ready,” said Mary Lacey, NSPS program executive officer. “Employees are trained, supervisors are trained, leaders are leaning forward and we’re ready to go.”

Ms. Lacey said that employees in the first group to enter the program “have been working on performance standards that are outcome-based and measurable, so that as they go into NSPS they will know what performance is

expected of them right from the beginning.”

Most preparation for the program’s implementation has dealt with training employees and supervisors. Both groups have had extensive Web-based and classroom instruction on the ins and outs of the new program, Ms. Lacey said.

Ms. Lacey has been meeting with employees in the first spiral at Tinker Air Force Base, Okla., Wright-Patterson AFB, Ohio, Fort Riley, Kan., and several agencies in the Washington, D.C., area.

Another senior official in Ms. Lacey’s agency traveled to Hawaii to meet with Army and Navy employees in the first spiral.

“I am trying to get out to see as many of the 1.1 organizations as I possibly can,” Ms. Lacey said. “It’s part of the communications initiative to give them an opportunity to speak to the senior leadership of the department, answer any questions they may have, explain to them some of the philosophy behind the changes and to thank them for all their efforts to get ready for NSPS.”

“I think it’s important for folks to be able to ask, one on one, why we’re doing things and for me to answer any questions,” she added.

Ms. Lacey said that “enthusiasm and excitement of the workforce is very high” in places she’s visited, but added

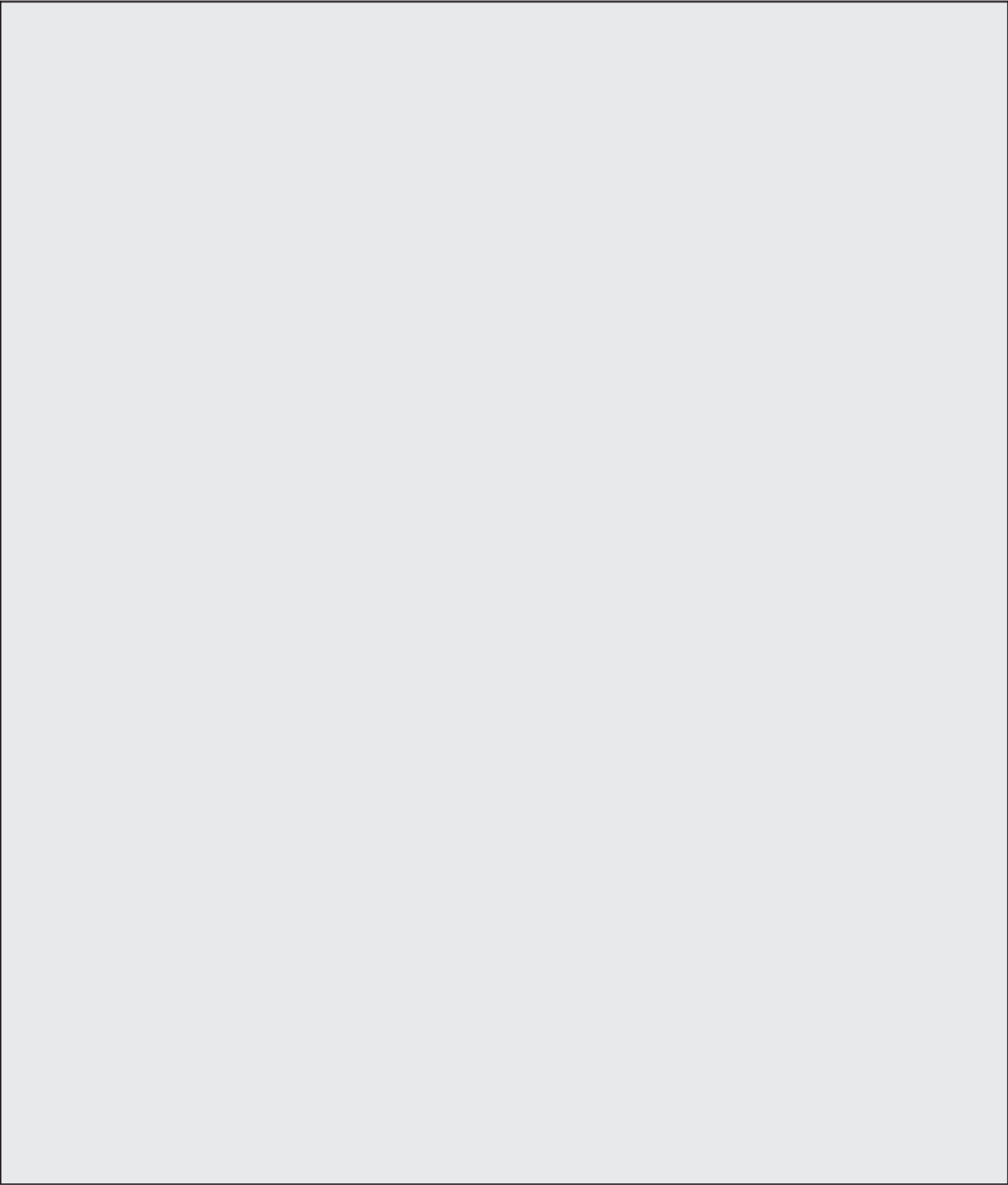
that many employees are concerned about their supervisors’ ability to fairly evaluate performance.

“This is not unexpected. Most of the department has been effectively on a pass-fail system for quite a while, so this is new,” she said. “And that’s one of the reasons we’ve spent so much time training employees and supervisors on performance management.”

She said she reassures employees that supervisors have received extensive training in performance management and that multiple leaders will be involved in the performance-evaluation process.

Program officials originally planned to include about 60,000

● SEE SYSTEM PAGE 17



Reduce combat stress when deployed

STAFF SGT. KEVIN NICHOLS
U.S. Central Command Air Forces News Team

KANDAHAR AIRFIELD, Afghanistan — Many things can cause stress when deployed. The experience can be as serious as coming under attack during convoy operations, or as simple as having to deal with a new boss. Missing family and friends back home can also strike a nerve.

Even if servicemembers realize they might need help, the thought of going to see a deployed mental health professional can be intimidating.

Medical professionals say it's important to dispel some of those stigmas and talk about how to deal with "combat stress" while deployed.

Simple signs signal a need for help. "Some common indicators are irritability, sleep problems, difficulty concentrating and feeling fatigued," said Capt. (Dr.) Marshall Hayes, the staff psychiatrist at Kandahar.

Captain Hayes said he sees military members from varied backgrounds, and that people experience different levels of stress.

"The common misconception is 'My job doesn't involve combat exposure so it doesn't warrant seeing a mental health professional.' That's just not true," he said.

For members who experience a critical incident such as a blast from an improvised explosive device, or witness someone injured or killed, signs of stress may not show right away.

"A lot of people go into survival mode after one of those incidents," Captain Hayes said. "It's not until later that they've had a chance to realize the nature of what has happened. That can take anywhere from 24 to 72 hours after the specific incident has occurred."

Asking for help isn't always easy, especially with the perceived stigma about seeing a mental health professional.

"People think that if they come to see us, everyone will find out," Captain Hayes said. "This makes them feel vulnerable or exposed — it can be intimidating."

Captain Hayes and his technicians counter that stigma by emphasizing privacy limits from the first appointment — even before any paperwork is done.

"It's important for the patient to know no one, outside of the provider and the patient, will have access to their information," Captain

Hayes said. "We keep separate medical records and the consent of the patient is needed before I can give out any information."

Sometimes education is enough to get the ball rolling to defeat stress while deployed. The Kandahar mental health team points out ways to combat stress during briefings with troops.

"Getting involved with the chaplain services, exercising with friends or taking part in recreational activities will help," Captain Hayes said. "One of the most important things for troops to do as soon as they get to their deployed location is to set up a routine. They need something to look forward to, such as reading a book or getting out and meeting people. That's the best way to counter stress."

People feeling a little off their game while deployed should remember that help is not far away. Talking to any medical professional is the first step to dealing with stress.

"Stress is something we all have to deal with, especially when deployed," Captain Hayes said. "No matter where you are, mental health professionals are standing by to help."

“The common misconception is ‘My job doesn’t involve combat exposure so it doesn’t warrant seeing a mental health professional.’ That’s just not true.”

CAPT. (DR.) MARSHALL HAYES
Psychiatrist at Kandahar

The Gulf Defender is published for people like Airman 1st Class Gregory Gilliland, 325th Air Control Squadron pilot simulator technician.



Checkertail Salute

Mr. Harry Britts



2nd Lt. Amanda Ferrell

Mr. Britt receives the Checkertail Salute Warrior of the Week award from Brig. Gen. Jack Egginton, 325th Fighter Wing commander.

The Checkertail Clan salutes Mr. Britt, 325th Civil Engineer Squadron Simplified Acquisition of Base Engineering Requirements flight chief. He oversaw and directed the SABER team effort managing 39 construction and renovation projects valued at more than \$13 million here. He has successfully managed the design of the Sabre gate and construction of the visitor's center.

Duty title: Chief of the Simplified Acquisition of Base Engineering Requirements flight

Time on station: 24 years

Hometown: Ft. Walton Beach, Fla.

Hobbies: Golfing

Pet Peeves: Slow drivers in the left lane on the way to work

Favorite book: "The Da Vinci Code," by Dan Brown

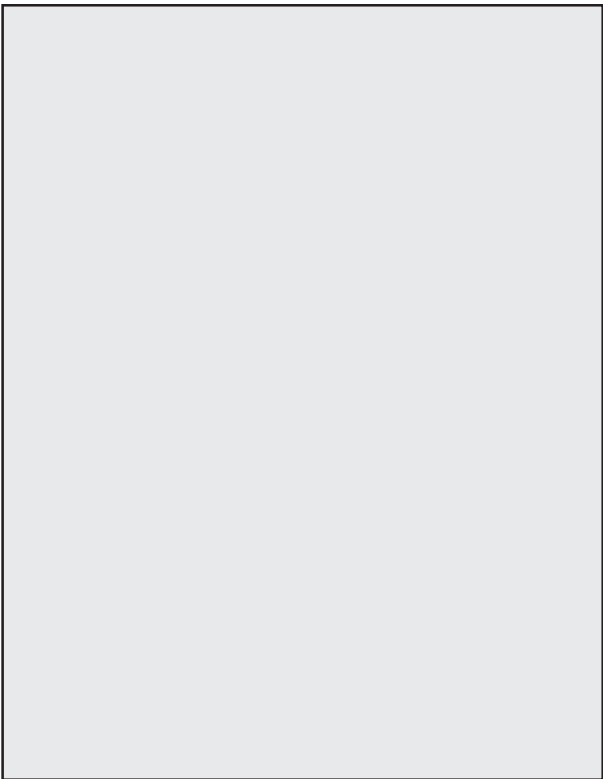
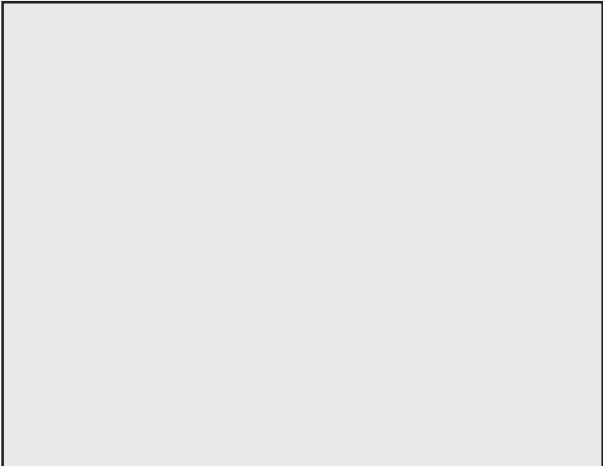
Favorite movie: The "Lord of the Rings" movies

Favorite thing about Tyndall: The great folks on base

Goals: Retirement

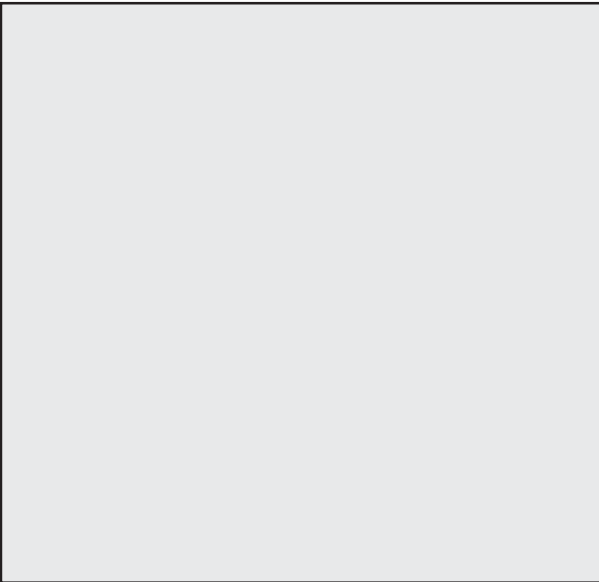
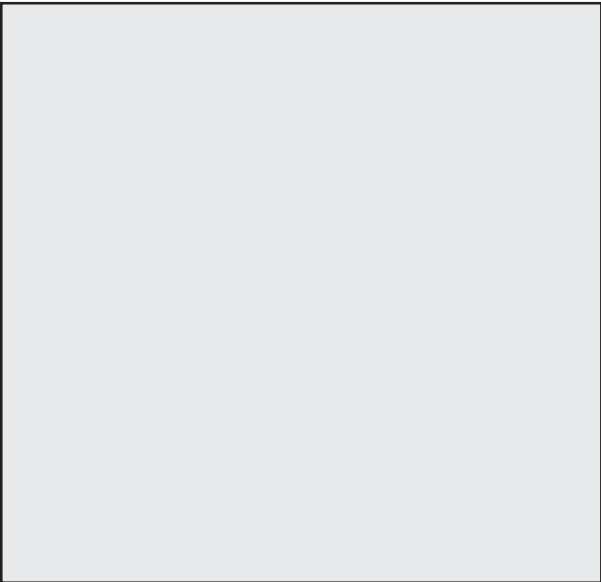
Proudest moment in the military: Promotion to SABER chief

The Checkertail Salute is a 325th Fighter Wing commander program designed to recognize Tyndall's Warrior of the Week. Supervisors can nominate individuals via their squadron and group commanders. Award recipients receive a certificate, letter from the commander and a one-day pass.





Every member of Team Tyndall is valuable. Play it safe, don't become a statistic.



Student Focus

Airman Leadership School students tackle obstacles



Left: ALS students attack the “low crawl” obstacle while instructors and classmates cheer them on. Most obstacles require a group effort in order to successfully conquer them, which shows students the value of teamwork. Right: Senior Airman Michelle Brown challenges herself by crossing without hands.



Photos by Staff Sgt. Stacey Haga

Senior Airman Gary Lyons, ALS student and Chief Master Sgt. Arleen Heath, 325th Air Control Squadron superintendent of operations and ALS student, motivate each other as they cross raised beams. Chief Heath served as a class mentor for the ALS group and joined them in the challenge to prove to herself and the students that determination leads to success.



Senior Airman Joshua Thomas maneuvers through the “weaver,” one of the most challenging obstacles in the course. The goal of this training is to teach students that a group effort is needed in order to accomplish the mission.

Training Spotlight

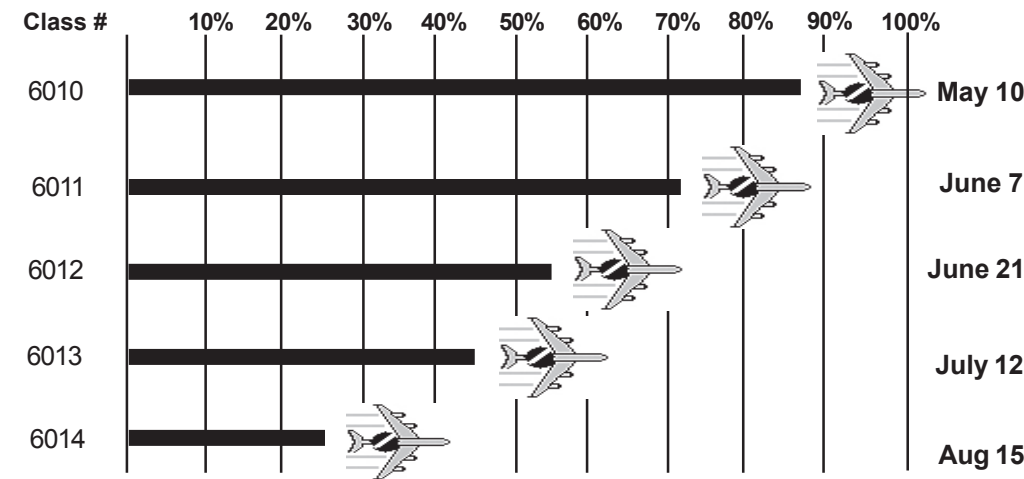
How do you balance your training responsibilities of studying and mission planning with the time you spend with your family and friends?

“I don’t turn on my TV until Friday, and I keep my cell phone off during the week. I spend time on the weekends catching up with my family and friends.”



2ND LT. STEVEN MWESIGWA
95th Fighter Squadron
basic course student

Air Battle Manager progress chart





Daniel Nowers, a contractor from Eglin AFB, Fla., quickly removes his wet suit Saturday as he runs to the next stage of the triathlon – a 12-mile bike race. More than 50 Airmen, family members and retirees competed in the event.

Pushing 'Tyn': Tynman Triathlon puts athletes to test

STORY AND PHOTOS BY
2ND LT. WILL POWELL
325th Fighter Wing Public Affairs

Dozens of Airmen, family members and retirees kicked off May Fitness Month early with an event – known as the Tynman Triathlon – that pushed the limit of nearly every competitor's endurance, strength and willpower.

It was the first base triathlon in more than a decade, and the event attracted more than 50 participants, exceeding the organizers' goal, said 1st Lt. Mike Donikian, event coordinator.

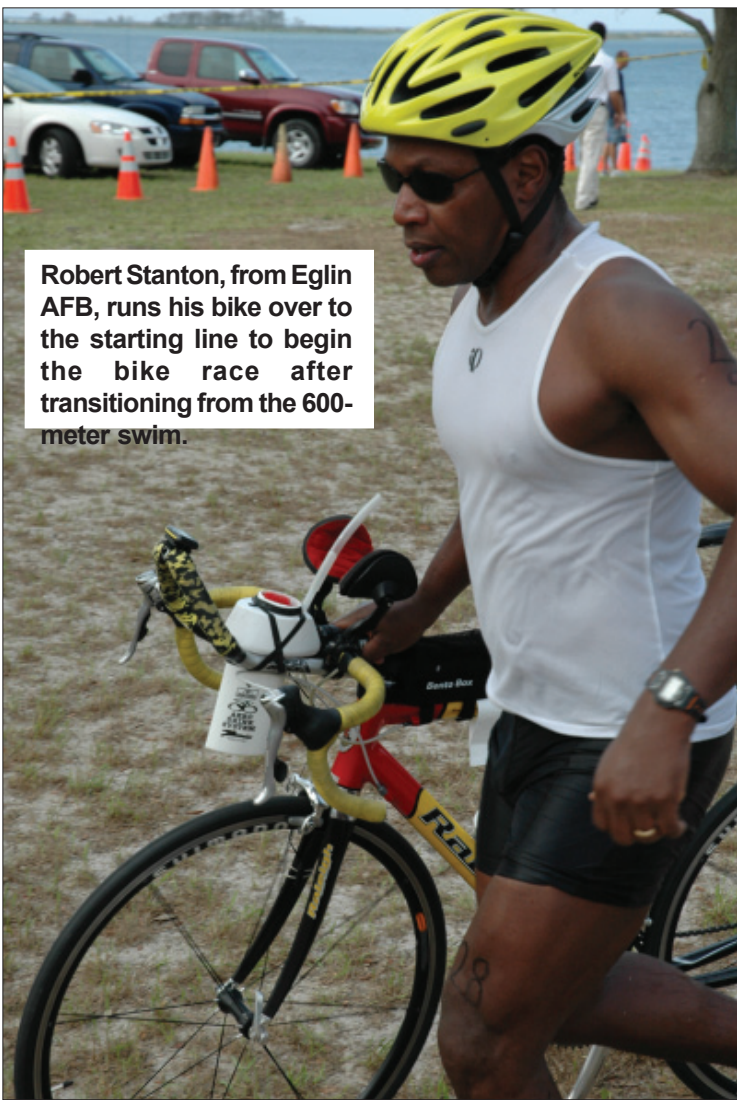
"(The competitors) had a lot of positive feedback about the race," he said. "Some of the race experts commented that the race was really well mapped out and marked, and everyone seemed to enjoy the turns throughout base housing (during the running and biking legs)."

A 600-meter swim in the bay, followed by a 12-mile bike race, followed by a 12-mile run through base housing designed to appeal to both the experienced and first-time triathletes, said the 1st Lt. Donikian. Kevin Porter, an Air Force experienced triathlete, was the first to cross the finish line in one hour and 15 seconds. He said he competed in the triathlon to prepare for the upcoming Half Ironman Triathlon, which consists of a 1.2-mile swim, 56-mile bike race and 13.1-mile run.

"Competing in triathlons is a hobby," said Mr. Porter, who has completed more than 50 races. "You have to watch what you eat, how much you get and how you train. But it's all camaraderie. Triathletes are"



Left: Christine Slater sprints to the finish line as the first female to complete the triathlon. She finished in one hour, six minutes, 30 seconds.



Robert Stanton, from Eglin AFB, runs his bike over to the starting line to begin the bike race after transitioning from the 600-meter swim.



Kevin Porter, Air Forcespouse, crosses the finish line as the first person to complete the triathlon and the overall winner. He finished in one hour, one minute, 59 seconds.

Winners

Overall

1. Kevin Porter
2. Chuck Denegri

Clydesdale

1. Dave Shaw
2. Tech. Sgt. Jake Burkett

Female overall

1. Christine Slater
2. Marty Kirkland

Athena

1. Maj. Tara Muehe
2. Pamela Nunn

May fitness events

9 a.m. Saturday at the Fitness Center

- Three-on-three basketball
- Free throw competition
- 3-point competition

3 p.m. Wednesday at the base track

- 10K run

9 a.m. May 13 at the Fitness Center

- Benchpress competition by weight division

May 13 at Falcon Field

- King of the Hill softball tournament

- Contact Master Sgt. Robbie Robinson at 283-5137

8 a.m. to 1:30 p.m. May 26

- Firefighters Combat Challenge (open to all)
- Contact Michael Newbury at 283-4777 or Master Sgt. Edward Best at 283-4231

For more information

- on ways to get fit, call the Health and Wellness Center at 283-3826 or the Fitness Center at 283-2631.

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group, and racing is a lot of fun.”

Sara Doherty agrees.

As an Army spouse from Fort Rucker, Ala., she spontaneously decided three months ago to begin training for a triathlon instead of sitting around the house in between college classes and her part-time job. Now she admits she’s “hooked” after placing third overall for women.

“I thought this race would be a good one to start out with because I knew it would be all armed forces personnel and everyone would be nice,” she said. “I loved, it and I think it was the most fun thing I’ve ever done. I think I’ll do them until I’m 75.”

Overall, the event was a success, said Lieutenant Donikian.

“I think it went great, and we learned some lessons that will make Tyndall’s next triathlon even better.”

Gulf Guide

Briefs

Community center hours

The Community Center has new hours of operation Monday through Friday 8 a.m. to 9 p.m. They will now be closed Saturday and Sunday. The Community Center is in Building 1027 located on Louisiana Ave. For more information, call 283-2495.

Get paid for shopping online

Authorized customers may apply to become a "Mystery Shopper" via www.aafes.com. Shoppers are selected from a pool of applicants at each Exchange location and as appreciation for their time, "Mystery Shoppers" receive a \$30 Army Air Force Exchange Services gift certificate for each valid survey.

Treating periodontal disease

Gum disease or periodontal disease is a major cause of tooth loss in adults. This disease often progresses slowly, without pain, over a long period of time. This is one reason why it is common in older adults. The longer the disease goes undetected and uncontrolled, the more damage it causes to gums and other supporting tissues. Although periodontal disease is caused by plaque, other factors can increase the risk or severity of the condition. These include food left between the teeth, smoking, smokeless (spit) tobacco, badly aligned teeth, ill fitting bridges or partial dentures, poor diets, and systemic diseases such as anemia. Prevention of periodontal disease is simple. Brush twice daily with fluoride toothpaste and clean in between your teeth at least once a day with floss to help prevent plaque from forming. Also see your dentist annually for your dental exam and cleaning.

TRICARE online registration

Tyndall's Family Practice is almost completely Web enabled with the Department of Defense's TRICARE Online Internet medical portal. Beneficiaries can register for TRICARE online at www.tricareonline.com or call Tricare customer service at 1-800-600-9332. Agents are available 24 hours a day to assist beneficiaries.



Photo by Master Sgt. John Castriotta

Walk of life ...

Students from the Tyndall NCO Academy lead the March of Dimes Walkathon held downtown Saturday. More than 1,000 people participated in the event that raised more than \$140,000. The money goes towards the March of Dimes mission, which is to improve the health of babies by preventing birth defects, premature birth and infant mortality.

Heart Link

The next Heart Link is 8 a.m. to 2:30 p.m. May 12 at the Enlisted Club Classics Lounge. Heart Link is a fun-filled, fast-paced, information-packed, orientation that can benefit every Air Force spouse. The presenters include the 325th Fighter Wing commander; representatives from protocol; military personnel; finance; family support; services; legal; health & wellness; family advocacy, the chapel; and TRICARE. There are games, skits, and prizes throughout the day. Come and learn more about the Air Force mission, customs, traditions, protocols and available resources and services. For more information or to make reservations, contact the Family Support Center at 283-4205.

OSC positions available

The Officers' Spouses' Club board is looking for chairpeople for the upcoming year. No experience is necessary, just a great attitude and the desire to work with a team. For more information, please contact LeAnne Daniel, ed.daniel@comcast.com or 230-0698.

Thrift Shop position available

The Thrift Shop manager position will be available by June. If you are interested in taking over this Tyndall Officers' Spouses' Club paid position, please contact the current manager, Donna Dickerson, at 286-5484.

Thrift Shop hours

Consignments are 9:30 – 11:30 a.m. Wednesdays–Thursdays. The Thrift Shop is in Bldg. 743, across from the Post Office. Personnel with PCS orders may consign 80 items, of which 40 may be in-season clothing. They can consign one time starting 60 days prior to departure to 60 days after arrival, by appointment. A copy of PCS orders is required. For more information, call 286-5888.

5K run, children's fun run

The Naval Diving & Salvage Training Center and Friends of St. Andrew's State Park will host both the Copper Collar 5K Run and one-mile youth fun run June 3 at St. Andrew's State Park. Registration and package pick up starts at 6:30 a.m. The youth run starts at 7:30 a.m. and the 5K starts at 8:15 a.m. A post-race social and awards ceremony starts after the runs at 9:30 a.m. Cost is \$15 a person for 5K, \$5 for youth, \$60 a team, plus a \$5 registration fee. Register at www.active.com or visit www.ntcnet.navy.mil/ndstc/ to view and print application or contact james.comerford@navy.mil.

Exchange 2006 Baby Catalog

The new 2006 Exchange Baby Catalog is available at all main stores and online at www.aafes.com, www.usmc-www.mccs.org, www.navy-nex.com or www.cg-exchange.com. Prices are valid through Sept. 30 for any authorized exchange customer. For information, call the Base Exchange at 283-2580.



Catholic services

Daily Mass, 11:30 a.m.
Monday–Friday,
Chapel Two
Reconciliation, before Saturday Mass or by appointment
Saturday Mass, 5 p.m.,
Chapel Two
Sunday Mass, 9:30 a.m.,
Chapel Two
Religious Education, 11 a.m.,
Bldg. 1476

Protestant services

Traditional worship service, 9:30 a.m., Chapel One
Contemporary worship service, 11 a.m., Chapel Two
Wednesday Fellowship, 5 p.m., Chapel Two

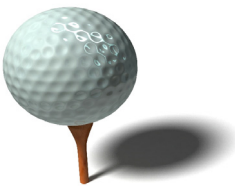
(For more information on other services in the local area, call the Chaplain's office at 283-2925.)

Intramural Sports Standings

Soccer					
Team	W	L	Team	W	L
372 TRS	10	0	TEST	3	7
OSS	9	1	83 FWS	4	6
MDG	7	3	MSS	3	7
AMXS	6	4	COMM	2	8
ACS	6	4	53 WEG	1	8
MXS	3	6			

Volleyball					
Team	W	L	Team	W	L
MXS	12	1	OSS	6	7
CONR	10	1	372 TRS	5	8
AFCESA	12	1	CES	7	6
83 FWS	8	4	COMM	3	10
SEADS	8	5	CPTS	4	9
ACS	6	7	MSS	3	10
AFRL	7	6	ACS 2	0	13

Golf			
Team	Points	Team	Points
AFNOR 1	24	OSS	5.5
CES	20.5	SVS	5
MSS	19.5	601 2	4
372 TRS	19	MXS 2	3.5
COMM 1	17.5	CONS	3.5
53 WEG	14.5	COMM 2	3
601 1	14.5	AFNOR 2	1.5
RHS	11.5		
MOS 1	11		
AFCESA	9.5		
ACS	8.5		
MDG	8		
83 FWS	8		
TEST	8		
MXS 1	6		
SFS	6		



First graders have a ‘field day’



Left: Keith Berry, a second grader at Tyndall Elementary, takes the winning spot with his classmates after a relay during the Tyndall Elementary School Field day event. The event, spread over two days, was full of team building activities that included three tug-of-war stations and a water balloon splash game. Below: Two classes from Tyndall Elementary compete at tug of war. Children from kindergarten to fifth grade competed while teachers and parents both volunteered and participated.

Photos by Chrissy Cuttita



Tara Fox, first baseman for the Tigers, bats a ball during the Tyndall-Hurlburt game. The Tigers played against two Hurlburt teams, and one from Keesler AFB, Miss.

Photos by Master Sergeant Stuart Camp

Lady Tigers roar in Hurlburt



Cassie Brunner, Tyndall Lady Tiger's pitcher, throws the ball to a player on the Hurlburt AFB team. The players won two games out of three played during a tournament this past weekend.

‘Loose Lips Sink Ships’ still applies: **OPSEC expands focus, remains critical**

CAPT. GIDEON McCLURE
AETC Public Affairs

RANDOLPH AIR FORCE BASE, Texas - “Do you think you’ll deploy this year? How long will you be gone? What do you think you’ll be doing? Where? Will you be going with a lot of people?” At this point in the conversation you should be wondering who is asking, why are they asking and who else might get their hands on the answers.

Although the answers to these questions may not be classified, when put together the information could reveal sensitive details of military operations that could endanger mission effectiveness or lives.

“Whether deployed or at home, every Airman has a responsibility to safeguard operational information,” said Gen. William R. Looney, III, commander of Air Education and Training Command. “Airmen need to be aware of what they are

saying and who might be listening. We need to realize that security starts at the source.”

This idea is not new. In 1988, President Ronald Reagan signed National Security Decision Directive 298, which required each executive department and agency supporting national security missions to establish an operational security program.

The objective of this OPSEC program was clear-to prevent the inadvertent compromise of sensitive U.S. government activities, capabilities or intentions through an adversary’s collection of unclassified information.

While security programs were already in place to protect classified information, the OPSEC program was intended to protect pieces of publicly-available information that could jeopardize military actions or intentions.

NSDD 298 laid the



Photo illustration by Senior Airman Sarah McDowell

The pictured above, cell phones, PDAs, flash drives, and blogs are vulnerable from and operations security perspective. With the increased use of these technologies comes an increased responsibility to carefully guard operational information from improper disclosure.

foundation for the OPSEC process and established actions different agencies were required to take.

Air Force Chief of Staff Gen. T. Michael Moseley, in a message released March 27, encouraged all Airmen to know and understand the critical information essential to mis-

sion success. In addition, General Moseley called on Airmen to recognize vulnerabilities in Air Force processes and apply OPSEC measures when a commander’s risk assessment deems it necessary.

“Understanding and

● SEE OPSEC PAGE 15

● **FROM OPSEC PAGE 14** using OPSEC will protect our personnel and enhance our ability to conduct operations safely, securely and effectively,” General Moseley said in his message.

General Moseley not only called on Airmen to renew their OPSEC vigilance, but also pointed out that as the Air Force becomes more reliant on new technologies, such as Web logs and wireless communication devices, their attention to OPSEC procedures should be heightened as well.

In 1988, when the OPSEC program was formed, blogs and PDAs did not exist. Sensitive information was more likely obtained through telephone lines, public conversations or discarded documents.

Today, the old adage “Loose Lips Sink Ships”

still applies, but now critical information can be compromised through a variety of electronic means. The Internet, particularly personal sites and blogs, are fertile ground for adversaries hunting for sensitive operational information.

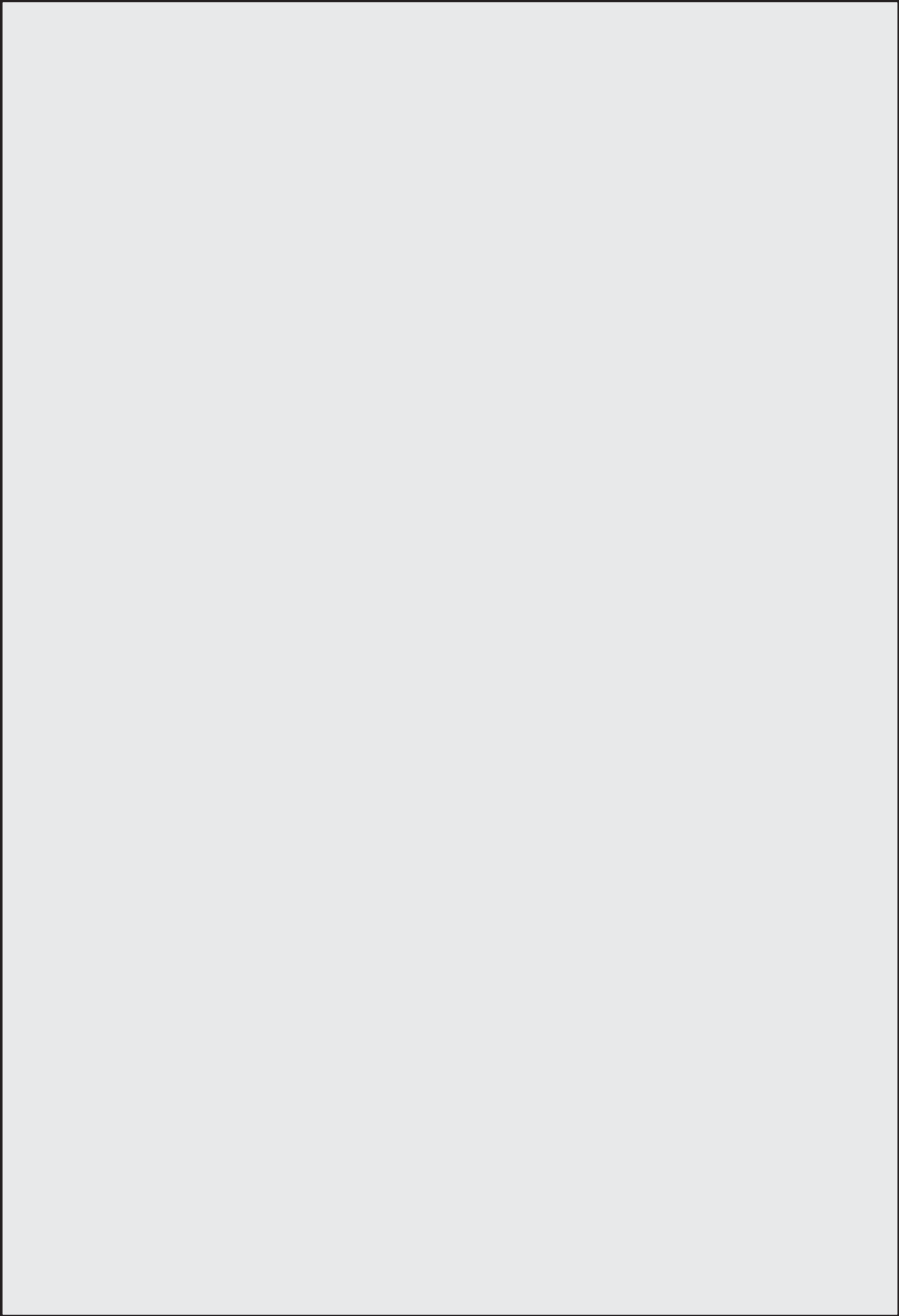
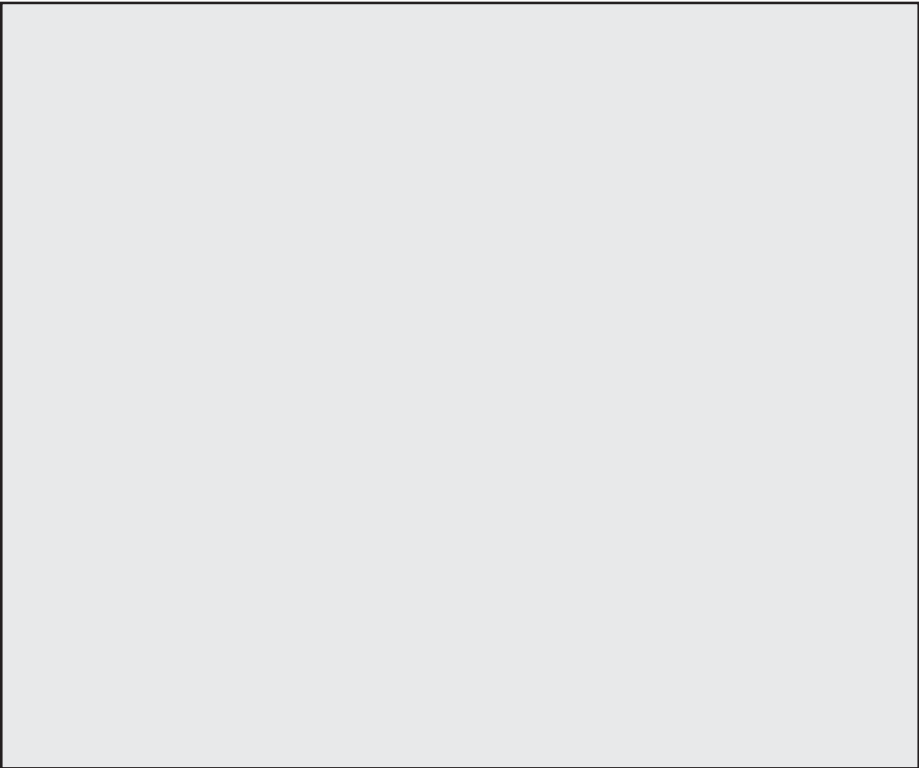
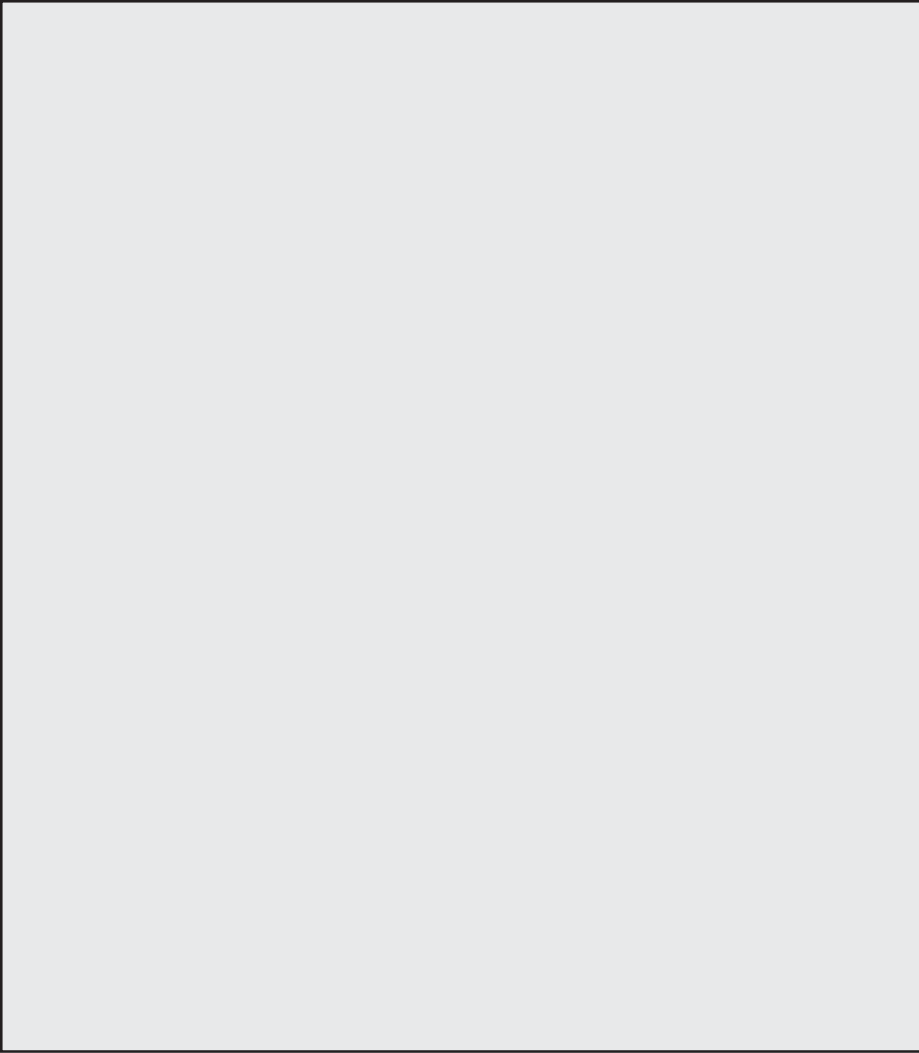
“Our Airmen are technologically savvy. That’s one of the keys to our flexibility as a fighting force. But from an OPSEC perspective, there are vulnerabilities associated with cell phones, PDAs, flash drives, and blogs. With the increased use of these technologies comes an increased responsibility to carefully guard operational information from improper disclosure. Our enemies know how to use technology as well, and they are on the prowl,” said General Looney.

According to an al-

Qaida training manual found by police in Manchester, England, terrorists have distinct guidelines on how to obtain information that would assist in subverting U.S. interests, policies and operations.

When Airmen post information to a blog about where they are deployed, what they are doing and when they are coming home, they run the risk of exposing military actions or intentions.

“We have been fighting the Global War on Terror for more than 1,500 days,” said General Moseley. “Never before has it been more important for the Air Force to protect and control its critical information. Effective OPSEC practices are critical to Air Force operations and serve as the cornerstone to our efforts, both in war and peace.”





Funshine NEWS




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Get ready...



Tyndall IDOL II

is coming!

June 2, 9, 16 & 23
(Friday)


Location: The Zone
(Located within the E'Club)

Eligible:
All Ranks
All Club Members
18 years & older

Time: 6 p.m.
Audience members are invited to participate with show activities.

Register by Email Sylvia.Bowles@tyndall.af.mil
or call 283-4357
Limit 20 applicants

Over \$2000 in Prizes!



Specials at the Oasis Snack Bar
Located by the Pizza Pub and Community Center

Monday - grilled cheese and a bowl of chili - \$4.95

Tuesday - taco salad - \$ 5.95

Wednesday - barbecue sandwich, french fries and coleslaw - \$5.95

Thursday - ribeye sandwich and french fries - \$6.75

Friday - fish sandwich and french fries - \$4.95

For details, call 283-2814.

Golf Cart for Sale



Sealed Bids for 1998 Ezgo Txt electric golf cart 2 seater

It will be on display at site #1.

For details, call Tyndall Famcamp at 283-2798.

Youth Center Sports

USA Tennis 1 - 2 - 3
May 15, 17, 19, 22, 24 and 26
Open to boys and girls age 6 and up
\$40

Youth Surfing Clinic
Begins May 20
Open to boys and girls age 7 and up
\$30 for a 2-hour session

Youth Skateboarding Clinic
Begins June 10
Open to boys and girls age 7 and up
\$20 for a 2-hour session or \$75 for 4 sessions

For details, call Andy Wallace at 283-4366.

Attention Team Tyndall: Place a *free* classified ad in the Gulf Defender

Military classified ads are placed in the Gulf Defender on a space available basis. Ads must be for a one-time sale of personal goods and should include a complete description, 30 words or less, of item being sold. Forms must be turned in by 2 p.m. Thursday for publication in the following Friday's Gulf Defender. Completed forms can be dropped off or mailed to the 325th Fighter Wing Public Affairs Office at 445 Suwannee Rd. Ste. 129, Tyndall AFB, FL 32403, or faxed to 283-3225. Ads can also be sent in by e-mail to checkertailmarket@tyndall.af.mil.

Rank/Name _____

Unit/Office Symbol _____

Duty Phone _____

Home Phone _____

Item description (One ad per form)
(30 words or less)

We value your opinion!

Take a couple of minutes to give us your thoughts on how we can make the Gulf Defender better:

Did the front page grab your attention? Yes ☐ No ☐

Do you feel there is a good mix of local, command and Air Force-level news? Yes ☐ No ☐

Do the photos encourage you to read accompanied articles? Yes ☐ No ☐

Is the Gulf Defender easy to read and follow? Yes ☐ No ☐

What did you find most interesting in this week's paper? _____

If you could change one thing in the paper, what would it be? _____

Comments: _____

●FROM SYSTEM PAGE 4 employees in Spiral 1.1, but several factors, including ongoing litigation over collective-bargaining rules, contributed to the need to curtail that number.

Ms. Lacey said that officials reconstituted the group so it included only nonbargaining-unit employees. The number also had to be cut because of delays in implementation brought about by the legal issues.

“Once we got the judge’s decision, we only had a limited amount of time and it was a throughput issue on the training,” Ms. Lacey said. “We didn’t want to short-change any of the training.”

A few pay-related aspects of the program em-

ployees may not be aware of are the initial within-grade buy-in and the local market supplement.

Employees being transitioned into NSPS will receive the next step increase due to them in the old GS system prorated for the amount of time that is left until they would be due the pay increase.

What is called locality pay in the existing personnel pay system will now be called “local market supplement” under NSPS. This is a percentage over base pay based on geography, Ms. Lacey said. She said the system will use the same scales the rest of government uses for now, but this may change to a system based on specific jobs if officials feel they need help with

recruiting and retaining hard-to-fill specialties.

NSPS officials want employees to know that they will be closely monitoring the program’s implementation to immediately deal with any problems that may arise during the transition.

“We will be monitoring how these 1.1 activities do and continue to keep the lines of communication open with the senior leadership and employees so that we get early indicators if there’s any difficulties, so we can look at it and determine if it’s a training need or of it is a systemic thing that needs to be tweaked,” Ms. Lacey said.

“That openness has been our philosophy with NSPS right from the beginning,” she said.

